



2. De "Revised" VCSS classificatie

Tabel 1. De 'Revised Venous Clinical Severity Score'; uitgebreid

	None: 0	Mild: 1	Moderate: 2	Severe: 3
Pain or other discomfort (ie, aching, heaviness, fatigue, soreness, burning) Presumes venous origin		Occasional pain or other discomfort (ie, not restricting regular daily activities)	Daily pain or other discomfort (ie, interfering with but not preventing regular daily activities)	Daily pain or discomfort (ie, limits most regular daily activities)
Varicose veins "Varicose" veins must be ≥ 3 mm in diameter to qualify in the standing position.		Few: scattered (ie, isolated branch varicosities or clusters) Also includes corona phlebectatica (ankle flare)	Confined to calf or thigh	Involves calf and thigh
Venous edema Presumes venous origin		Limited to foot and ankle area	Extends above ankle but below knee	Extends to knee and above
Skin pigmentation Presumes venous origin Does not include focal pigmentation over varicose veins or pigmentation due to other chronic diseases	None or focal	Limited to perimalleolar area	Diffuse over lower third of calf	Wider distribution above lower third of calf
Inflammation More than just recent pigmentation (ie, erythema, cellulitis, venous eczema, dermatitis)		Limited to perimalleolar area	Diffuse over lower third of calf	Wider distribution above lower third of calf
Induration Presumes venous origin of secondary skin and subcutaneous changes (ie, chronic edema with fibrosis, hypodermatitis). Includes white atrophy and lipodermatosclerosis			Diffuse over lower third of calf	Wider distribution above lower third of calf
Active ulcer number	0	1	2	> 3
Active ulcer duration (longest active)	N/A	< 3 mo	> 3 mo but < 1 y	Not healed for > 1 y
Active ulcer size (largest active)	N/A			
Use of compression therapy	0 Not used	1 Intermittent use of stockings	2 Wears stockings most days	3 Full compliance: stockings

Bron: Vasquez MA, Rabe E, McLafferty RB, Shortell CK, Marston WA, Gillespie D, Meissner MH, Rutherford RB; American Venous Forum Ad Hoc Outcomes Working Group. Revision of the venous clinical severity score: venous outcomes consensus statement: special communication of the American Venous Forum Ad Hoc Outcomes Working Group. J Vasc Surg. 2010 Nov;52(5):1387-96.

bron: Richtlijn Veneuze pathologie, NVDV, 2014

Tabel 2. Instructies voor gebruik van de 'Revised Venous Clinical Severity Score'

On a separate form, the clinician will be asked to: "For each leg, please check 1 box for each item (symptom and sign) that is listed below."

<p>Pain or other discomfort (ie, aching, heaviness, fatigue, soreness, burning) The clinician describes the four categories of leg pain or discomfort that are outlined below to the patient and asks the patient to choose, separately for each leg, the category that best describes the pain or discomfort the patient experiences.</p>	
None = 0	None
Mild = 1	Occasional pain or discomfort that does not restrict regular daily activities
Moderate =2	Daily pain or discomfort that interferes with, but does not prevent, regular daily activities
Severe = 3	Daily pain or discomfort that limits most regular daily activities
<p>Varicose Veins The clinician examines the patient's legs and, separately for each leg, chooses the category that best describes the patient's superficial veins. The standing position is used for varicose vein assessment. Veins must be > 3 mm in diameter to qualify as "varicose veins."</p>	
None = 0	None
Mild = 1	Few, scattered, varicosities that are confined to branch veins or clusters. Includes "corona phlebectatica" (ankle flare), defined as > 5 blue telangiectases at the inner or sometimes the outer edge of the foot
Moderate =2	Multiple varicosities that are confined to the calf or the thigh
Severe = 3	Multiple varicosities that involve both the calf and the thigh
<p>Venous Edema The clinician examines the patient's legs and, separately for each leg, chooses the category that best describes the patient's pattern of leg edema. The clinician's examination may be supplemented by asking the patient about the extent of leg edema that is experienced.</p>	
None = 0	None
Mild = 1	Edema that is limited to the foot and ankle
Moderate =2	Edema that extends above the ankle but below the knee
Severe = 3	Edema that extends to the knee or above
<p>Skin Pigmentation The clinician examines the patient's legs and, separately for each leg, chooses the category that best describes the patient's skin pigmentation. Pigmentation refers to color changes of venous origin and not secondary to other chronic diseases.</p>	
None = 0	None, or focal pigmentation that is confined to the skin over varicose veins
Mild = 1	Pigmentation that is limited to the perimalleolar area
Moderate =2	Diffuse pigmentation that involves the lower third of the calf
Severe = 3	Diffuse pigmentation that involves more than the lower third of the calf
<p>Inflammation The clinician examines the patient's legs and, separately for each leg, chooses the category that best describes the patient's skin inflammation. Inflammation refers to erythema, cellulitis, venous eczema, or dermatitis, rather than just recent pigmentation.</p>	
None = 0	None
Mild = 1	Inflammation that is limited to the perimalleolar area
Moderate =2	Inflammation that involves the lower third of the calf
Severe = 3	Inflammation that involves more than the lower third of the calf

<p>Induration The clinician examines the patient's legs and, separately for each leg, chooses the category that best describes the patient's skin induration. Induration refers to skin and subcutaneous changes such as chronic edema with fibrosis, hypodermatitis, white atrophy, and lipodermatosclerosis.</p>	
None = 0	None
Mild = 1	Induration that is limited to the perimalleolar area
Moderate =2	Induration that involves the lower third of the calf
Severe = 3	Induration that involves more than the lower third of the calf
<p>Active Ulcer Number The clinician examines the patient's legs and, separately for each leg, chooses the category that best describes the number of active ulcers.</p>	
None = 0	None
Mild = 1	1 ulcer
Moderate =2	2 ulcers
Severe = 3	> 3 ulcers
<p>Active Ulcer Duration If there is at least 1 active ulcer, the clinician describes the 4 categories of ulcer duration that are outlined below to the patient and asks the patient to choose, separately for each leg, the category that best describes the duration of the longest unhealed ulcer.</p>	
None = 0	No active ulcers
Mild = 1	Ulceration present for < 3 mo
Moderate =2	Ulceration present for 3-12 mo
Severe = 3	Ulceration present for > 12 mo
<p>Active Ulcer Size If there is at least 1 active ulcer, the clinician examines the patient's legs, and separately for each leg, chooses the category that best describes the size of the largest active ulcer.</p>	
None = 0	No active ulcer
Mild = 1	Ulcer < 2 cm in diameter
Moderate =2	Ulcer 2-6 cm in diameter
Severe = 3	Ulcer > 6 cm in diameter
<p>Use of Compression Therapy Choose the level of compliance with medical compression therapy</p>	
None = 0	Not used
Mild = 1	Intermittent use
Moderate =2	Wears stockings most days
Severe = 3	Full compliance: stockings

Bron: Vasquez MA, Rabe E, McLafferty RB, Shortell CK, Marston WA, Gillespie D, Meissner MH, Rutherford RB; American Venous Forum Ad Hoc Outcomes Working Group. Revision of the venous clinical severity score: venous outcomes consensus statement: special communication of the American Venous Forum Ad Hoc Outcomes Working Group. J Vasc Surg. 2010 Nov;52(5):1387-96.